MENSTRUAL HYGIENE MANAGEMENT AT THIKA CLOTH MILLS

I've learned so much about good menstrual health and hygiene in the workplace over the past few months! Menstruation doesn't just stop when we come to work and it is not something that makes us weak.

Menstruation-related issues are not something small and insignificant that you have to bear alone. You can talk about your concerns so that we can address them.

When I am able to manage my menstrual health and hygiene at work, it makes me a better and more productive employee. I want to be part of a company where my periods don't hold me back from participating and contributing fully at work.

When workplaces support menstruating employees, it is a win for women, men, leadership, and the company as a whole. At Thika Cloth Mills, we are proud to have leadership, MHM champions, a nurse, managers, supervisors, and others who do their best to support employees who menstruate.

"I want the women to know that Thika Cloth Mills is a nice, safe, and friendly place to work and that women are appreciated in this factory. We want to see women flourish in this company. We care about women employees and want an environment that is safe and good for them."

- Ms. Tejal Dodhia,
Managing Director, Thika Cloth Mills Ltd.

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