MHM-FRIENDLY INFRASTRUCTURE

To support employees' menstrual hygiene management, workplace infrastructure should have:

Appropriate toilet facilities

- Adequate number of toilets for employees (1 toilet per 25 employees)
- Toilets with clear signage
- Facilities that can be used any time of day with lighting inside and outside
- Privacy partitions and doors with locks on the inside
- A shelf or hook for hygienically storing or hanging belongings during toilet use
- Toilet stalls that are accessible to people with disabilities

Consistent supply of clean water

- Taps that are functional with sources of clean water, adequate pressure, and a good drainage system
- Handwash basins equipped with soap

Provision of toilet paper

- Toilets that are supplied with adequate toilet paper

Routine toilet cleaning

- Toilets and bathroom floors that are clean and dry
- Toilets with a functional source of water for flushing

Menstrual disposal bins

- Bins that have lids to cover waste
- Routine emptying of bins to avoid overflowing waste

NOTE:
Kindly report any toilet facility maintenance issues to the MHM Champion/HR Manager.

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