UDUMISHAJI USAFI WAKATI WA HEDHI (MHM) KATIKA THIKA CLOTH MILLS

Katika kipindi cha miezi michache iliyopita, nimejifunza mengi kuhusu afya njema na usafi wakati wa hedhi kazini! Hedhi haikomi tu tunapokuja kazini, na sio jambo linalotufanya dhaifu.

Masuala yanayohusiana na hedhi sio mambo madogo na yasiyo na umuhimu ambayo unapaswa kuvumilia kivyako. Unaweza zungumza kuhusu wasiwasi wako ili tuyaangazie.

Uwezo wa kudhibiti afya na usafi wakati wa hedhi kazini hunisaidia kuhisi bora na kuwa mfanyikazi mwenye uwezo mkuu wa uzalishaji. Nataka kufanya kazi katika kampuni ambapo hedhi hazinizuii kushiriki kikamilifu kazini.

Maeneo ya kazini yanapohimili wafanyikazi wanaoshuhudia hedhi, ni ushindi kwa wanawake, wanaume, uongozi na kampuni kwa ujumla. Katika kiwanda cha mavazi cha Thika Cloth Mills, tuna furaha ya kuwa na uongozi tegemezi, vile vile mwanaharakati wa MHM, tabibu, wasimamizi, waangalizi, na wengine wanaojitahidi kuhimili wafanyikazi wanaoshuhudia hedhi.

"I want the women to know that Thika Cloth Mills is a nice, safe, and friendly place to work and that women are appreciated in this factory. We want to see women flourish in this company. We care about women employees and want an environment that is safe and good for them."

- Ms. Tejal Dodhia,
Managing Director, Thika Cloth Mills Ltd.

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