DIGNFIED MENSTRUATION IN THE WORKPLACE

Menstruating employees deserve access to:

Menstrual hygiene products to absorb or collect blood during menstruation.

Clean water and soap to wash hands before and after changing products.

Means to dispose of used menstrual products.

Safe and private toilet facilities.

Menstrual health and well-being services offered in the workplace.

The availability of MHM*- friendly infrastructure in the workplace supports:

Equality: Employees who menstruate have a right to equal treatment in the workplace that is free of discrimination or bullying.

Privacy: Menstruating employees have a right to a clean, private toilet with a lockable door.

Equity: The workplace should provide employees with what they need to be productive, healthy members of the workplace community.

Dignity: Respect for all people, especially menstruating employees.

*MHM stands for Menstrual Hygiene Management

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